



“If you want to touch the past, touch a rock. If you want to touch the present, touch a rose. If you want to touch the future, touch a Life.”

Big Brothers Big Sisters would like to say **“THANK YOU”** to the Lethbridge Police Services and the following community sponsors for helping us make Kids N’ Kops a success this year:

- | | |
|-------------------------------|-------------------|
| Pizza Hut | Edible Elegance |
| Mountain Sausage | Save On Foods |
| Costco Wholesale | Hostess Frito-Lay |
| Arby’s Restaurant | |
| Sobey’s Scenic Square | |
| Coca-Cola Bottling Company | |
| Bet & Mac’s Source for Sports | |



Ten children, awaiting matches, attended the weeklong program at the police station.

Volunteer to be a mentor and call our office at 403-328-9355 today.



Big Brothers Big Sisters of Lethbridge would like to extend a special thanks to the Potato Growers Association for inviting us to participate in their annual golf tournament for the fifth year in a row. Two of our Littles, Charity and Sunshyn Closson plus Amy Smith (BIG) had loads of fun hosting the putting contest at paradise Canyon Golf Resort. We raised over \$800.00 to support our programs. A big THANKS to Tony Mrak, Potato Growers Association as well as the Littles and staff.

MENTORS ARE HAPPY PEOPLE!

The Standard Life Assurance Company of Canada has released a national survey that suggests that the fountain of youth for adults lies in mentoring children and teens.

Conducted by Ipos Descarie, the Standard Life of Youth Index Survey compared the attitudes of Big Brother and Big Sister volunteer mentors with average Canadians and clearly shows that “Bigs” are not only happier with their lives, but they are also more energetic, younger at heart and have significantly more positive view of aging that other adult Canadians.

Mentors were far more likely to answer “yes” to all the following questions:

- “I have as much energy as I used to have” (52% for mentors versus 37% for ordinary Canadians)
- “As I get older, things are better than I ever would have thought”. (78% for mentors versus 58% for the average Canadian)
- “I am as happy now as when I was younger.” (79% for mentors versus 63% for the typical Canadian.

The survey is the kick-off point for the “Dare To Be A Kid Again” campaign, a national recruitment drive by Big Brothers Big Sisters and Standard Life to attract 10,000 new youth mentor volunteers over the next 10 years. For more information about “Dare To Be A Kid Again” and how to become a Big Brother or Big Sisters by visiting : <http://www.beakidagain.ca/>

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Here's Jodie

HAPPY HALLOWEEN

Hey Everyone! Thanks for being patient as we head into the last half of 2009. We have a lot of things going on at the Big Brothers Big Sisters office such as doing recruitment booths around town at Sunlife Financial, LCC and the U of Lethbridge. We are also renovating upstairs and have been cleaning up the offices and storage. We still have 2 printers to give away and a bunch of Scholastic books up for grabs. Please stop by or call anytime you are in the area as I would love to chat.



Give a warm hello to our newest Case Worker!

Saroeun's Story

Hi everyone!! My name is Saroeun Keuth-Ray and I am the new Caseworker at Big Brothers Big Sisters. I'm so excited to be part of an organization that can enrich the lives of so many people. I look forward to meeting and working with everyone! I just want to remind everyone that we run several different types of fundraising events at Big Brothers Big Sisters of Lethbridge. We need volunteers to work Bingo's, to raise funds for our Bowling event or to sit on committees to name a few. I encourage everyone to "BE BIG" in your own way!!



We would like to say a BIG welcome to the newest matches to our agency! We hope you enjoy a long and wonderful friendship here at Big Brothers Big Sisters of Lethbridge & District.

New Matches

- Paul & Tyler
- Natasha & Amanda
- Tracy & Josee



Anniversaries

- | | |
|-------------------------|-----------------------------------|
| Alicia & Mika—1 year | Cathy & Melissa—1 year |
| Marie & Jessica—3 years | Tom & Josh—3 years |
| Andrea & Sarah—1 year | Sylvia, Makenzie & Hannah—3 years |
| Amanda & Rachel—1 year | Trevor & Zach—2 years |
| Dan & Dayton—3 years | Marcie & Samantha—3 years |
| Sara & Kendra—3 years | Cory & Drayson—4 years |
| Deanna & Alison—2 years | |



2009 Santa Store

The Santa Store will be open again this year for the children's shopping convenience. The hours are:

Thursday, Dec. 10 - 5:30pm—8:30pm

Friday, Dec. 11 - 5:30pm—8:30pm

Saturday, Dec. 12 - 10:00am—2:00pm

****The Store is for the children only please****

Refreshments will be available in the kitchen for the parents while the children are shopping. Free gift wrapping is also available to the children.

DONATIONS ARE NEEDED

We are looking for new and gently used items

As well as wrapping paper & gift bags

Call 403-328-9355 9:00am—5:00pm

In Flanders Fields November 11

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset
glow, Loved, and were loved, and
now we lie In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies
grow In Flanders fields.*

~John McCrae, 1915

Annual Christmas Party at The Movie Mill

The Big Brothers Big Sisters Christmas party will be held at the Lethbridge Movie Mill on Saturday, December 5th at 10:30am sharp. This event is open to all In-school and Traditional matches with their Bigs and children on the waiting list plus parents as well. All In-School Littles must be dropped off by a parent or guardian. There will be treats for the children to take home after the movie is over.

Call our office at 403-328-9355 and talk to Jodie or Saroeun to confirm your spot. Mark the date on your calendar!



Merry Christmas Everone!
From The Staff at
Big Brothers Big Sisters
of Lethbridge & District



Contributor Recognition

Frank J. Flaman Foundation—\$10,000.00
Marble Slab Creamery—\$1,700.00



Executive Director's Note

Hard to believe another year has rolled by.

As this is our last Newsletter for the year, I want to thank all the "BIGS" for their support of our agency in 2009. We define "BIGS" as mentors who work directly with our children, directors, committee members, people who work events such as Bingo's and donors, both individuals and corporate.

We are always in need of BIGS, so if you know anyone who can help us, please tell them about our good work and have them contact us for further information.

Without your fantastic support, we could not exist.



Thank You



Give and Receive at the same time!

One way to support Big Brothers Big Sisters this Fall is by investing in The Greater Interest GIC® at your local Canadian Western Bank (CWB) branch. We know you have plenty of investment options, so why not choose one that gives back to your community?
Selecting The Greater Interest GIC® means that not only do you get a competitive interest rate, but also, based on every dollar you invest, CWB will make a donation of 1/8% to Big Brothers Big Sisters of Lethbridge & District.

"We are happy to partner with CWB on their Greater Interest GIC promotion," says Richard Austin, Executive Director. "All money donated by CWB goes to support children right here in our community and goes toward our valuable community programs. Each child we serve benefits from having a mentor in his or her life."

Everybody wins! Drop by your local branch or for further details visit:
www.greaterinterest.ca



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