



## **Big Brothers Big Sisters of Lethbridge & District**

### **Volunteer Application Checklist:**

***NOTE: Please make sure all information is clearly printed***

- Volunteer Application completely filled in, signed & dated.
- Volunteer Permission & Release Form, signed & dated.
- Confidentiality Statement Form, signed & dated.
- Child Welfare Record Check filled in as well as signed & dated.
- Volunteer Reference List with complete address, phone number, email address and fax #. This is also to be signed and dated.
- With your completed application we require a copy of:
  1. Driver's License or Passport or Citizenship Number

**As Well As**

  2. AHC card or Birth Certificate
- If applying for the Big Brother, Big Sister or Big Couple program, a statement from your insurance company showing you have one million dollars (\$1,000,000) liability coverage on your vehicle is required. Your insurance company can fax this to us at (403) 328-5960.
- Upon completion of the above, contact a caseworker to sign up for an orientation/child safety training session.

**Thank you for your interest in Mentoring!!!**





## **Big Brothers Big Sisters of Lethbridge & District**

### **Our Mission:**

*“Big Brothers Big Sisters of Lethbridge and District is a volunteer based agency serving the needs of children and youth by matching them with positive role models who will provide for them an atmosphere of sharing, caring and trust”*

## **PROGRAM INFORMATION FOR VOLUNTEERS**

This information is designed to give you an overview of our mentoring programs and highlight the volunteer opportunities within the agency. The enclosed information will help you decide if this is the right volunteer experience for you. If you have any questions, please call us at 328-9355.

### **A Little Bit About Us:**

At Big Brothers Big Sisters of Lethbridge our programs provide children in need with positive, caring, adult role models. Being a mentor may sound pretty formal but it is something anyone with a couple of hours a week and a desire to make a difference can do.

### **How our Programs Work:**

Our professional staff matches each child in need of our services with a volunteer mentor. Both the volunteers and families go through a screening and interview process to make sure the program is right for them. Once they have been approved to participate in the program, our staff carefully matches a volunteer and child who will spend the upcoming year together. Volunteers and families receive training, guidance and support throughout the match. These steps help ensure the children and volunteers have a positive and rewarding experience in the program.

### **Benefits to the Children in our Program:**

They are 46% less likely to initiate drug use.

They are 52% less likely to skip school.

Little Sisters and Little Brothers are more likely to attend university than their unmatched peers.

They have improved confidence, self-esteem and peer relationships.

### **Benefits to the Volunteers:**

They experience greater personal satisfaction.

Have improved workplace satisfaction.

Gain valuable volunteer experience.

### **Benefits for the Community:**

Healthy communities start with healthy children. The benefits of a child having a mentor extend far into the community. We see a reduction in school dropouts, poverty, drug use and crime in the children who were “at risk” prior to having a mentor.

## I. COMMUNITY-BASED MENTORING

### **Big Brothers / Big Sisters Program:**

Being a Big Brother or a Big Sister is all about being a friend to a Little Sister or Little Brother. It's about hanging out, eating pizza, watching a hockey game or a movie, or going for a hike in the mountains.

As a volunteer, your focus is on friendship. Our focus is making sure the matches are a "good fit". This means you will be matched to a Little Sister or Brother who shares your interests. Just like our volunteers, the children in our program have diverse interests and talents. We have kids who love board games, music, art, science, and sports. For many "Littles", this program will be their only childhood opportunity to learn to ice skate, build a model, fly a kite, bake cookies, spend a day in the mountains or have an adult in their lives who is a trusted friend.

### **Our Big Brothers & Big Sisters:**

- ✦ *Are 18 years of age or over*
- ✦ *Are available to see their Little Brother or Little Sister 2-5 hours*
- ✦ *Have no recent or anticipated life changes that would interfere with their commitment.*
- ✦ *Are employed, a student, or financially stable.*

### **Couples for Kids Program**

Being a Big Couple is a lot like being a Big Brother or Big Sister. Volunteering as a couple allows you to enrich your lives by spending time together and with a child who needs a friend. This unique two-to-one relationship is just like our other mentoring programs where the focus is on building friendship by doing activities you all enjoy.

To help set the foundation for your new friendship we focus on making sure the match is a "good fit" for both of the volunteers and for the child. This new relationship will build self-esteem and confidence in a child who would benefit from having trusted friends and adults upon whom they can count. We believe that children benefit from seeing healthy adult interactions.

### **Our Big Couples:**

- ✦ *Are 20 years of age and over*
- ✦ *Living together for two years with no separations.*
- ✦ *Are available to see their Little Sister or Little Brother 2-5 hours per weekly for one year.*
- ✦ *Have no recent or anticipated life changes that would interfere with their commitment.*
- ✦ *Are employed, a student or financially stable.*

## II. SITE-BASED MENTORING

### **In-School Mentoring Program**

Our In-School Mentoring program matches a volunteer with a child in Grades 1-12. In-School Mentors are neither tutors nor classroom aides, and the visits focus around non-school related activities. The volunteer Mentor and the student meet in the child's school for one hour a week, for the duration of the school year, and spend time doing activities they both enjoy such as crafts, sports, and board games.

The children in our In-School Mentoring program are in need of a positive, caring adult role model and have been identified as such by a concerned teacher, school counselor or principal. Many of the children in the program are having trouble fitting in with their peer group. Their mentor may be the only friend or positive role model they have. This program is a collaborative effort between Big Brothers Big Sisters of Lethbridge and Lethbridge School District No. 51.

## Our In-School Mentors:

- ◆ Are 18 years of age and over
- ◆ Able to commit to visit the child one hour a week during the school day for one school year
- ◆ Have access to transportation to and from the school.
- ◆ Have no recent or anticipated life changes that would interfere with commitment.

## BENEFITS OF THE PROGRAM

During the In-School Mentoring evaluation process teachers and parents made the following comments at the end of the school year about their students who were involved with the program:

“(The) student gained a positive attitude toward spelling and reading”.

“(The student) doesn’t cry as much. The girls play with her more”.

“(The student had) great improvement in self-esteem and behavior”.

“(The student was) more willing to share his ideas.

“I am so pleased with (the child’s) growth personally. (The child) feels happy!”

## WHAT IS ALL ABOUT

The Mentor arrived at the school to find her Mentee intently studying a display on the school’s wall. The Mentor asked her Mentee what he was looking at and he told her it was the “student of the week” tree. He said every time a student does something really well they get their name on a star, which then gets put on the tree. The Mentor suggested to her Mentee that he should try to get his name on a star. He looked at her intently and said, “I could never do that it is too much work” however throughout the visit the Mentor continued to encourage her Mentee. The next week when the Mentor visited her Mentee he came running excitedly down the hallway towards her and exclaimed “I did it; I got my name on the tree”.

## III. AGENCY POLICIES TO NOTE FOR ALL PROGRAMS:

- ◆ A full assessment is made to determine the suitability of all volunteers.
- ◆ We require that potential volunteers refrain from using illegal drugs 6 months prior to and while matched in our program.
- ◆ Individuals who have had drug/alcohol addictions in the past must provide reasonable evidence that they have been drug/alcohol free for two years.
- ◆ Applicants who use medication to treat mental health concerns (e.g. depression) must wait one year before applying if any change in medication is made.

***Research indicates that volunteers who do not see a child on a regular basis or do not fulfill a one-year commitment do more harm than good to a child.***

## IV. ELIGIBILITY FOR CHILDREN AND FAMILIES:

- ◆ Children in our Big Brother/Big Sister and Couples for Kids programs are growing up in a single parent family. In some cases, children are accepted from a two-parent family. Children are between the ages of 6 and 16. All children must want a Big Brother, Big Sister or Big Couple as a friend and have the time to meet with their “Big” on a weekly basis.
- ◆ Children who are in our In-School Mentoring program have been referred to our agency through a teacher or principal. These children are in grades one through 12 and may be having trouble fitting in with their peers or may be experiencing some difficulties at home. This program is in Lethbridge School District No. 51.

## V. FREQUENTLY ASKED QUESTIONS???



### **Will I have the time?**

We ask Big Brothers, Big Sisters and Big Couples to spend a few hours with your Little Sister or Little Brother on a weekly basis. In-School Mentors spend one hour a week with their mentee during school hours on school property during the school year. All of our volunteers lead busy lives, but find that the time spent with their “Littles” is an enjoyable and rewarding part of their week. We also recognize that there are occasional times that you may not see the child because of scheduling conflicts, vacations, etc. At those times, it is important that the child, the parent or the school are well aware beforehand of these changes.



### **Can I make the one-year commitment to the child?**

Children in our program are living either in a single parent household or in a disadvantaged situation. This means they have already suffered loss or disappointment in their lives. It is extremely important that you are prepared to follow through on the one-year commitment. More than 95% of our matches complete the first year successfully.



### **How can I be sure that the child and I will be compatible?**

In the Traditional Program we spend lots of time getting to know our volunteers, the children and their families so that you and your “Little” are a good fit. We also give you the opportunity to pick a child from information we provide and to meet the child’s parent before you meet the child. In the In-School Mentoring Program we receive referrals for each child from the school staff, allowing us to match you with an appropriate child. Our success rate tells us that we are making good matches.



### **Should I be concerned about FALSE allegations of sexual abuse?**

Many people are fearful that a child might falsely accuse them of sexual abuse. Anyone who wants to work with children, either professionally, or, on a volunteer basis, must be prepared to deal with this issue. A false accusation, however, is an extremely rare occurrence even in the general population. We provide training on how to avoid any actions that someone else might misconstrue as abusive. A serious concern for us is the possibility of real abuse taking place, whether it is physical, emotional, or sexual. We are committed to protecting the children, the community standing of our program, and the reputation of our volunteers. Our screening, training, and follow-up in our matches are the best that is realistically available.



### **What impact will I have on the child?**

The friendship of a mentor can have a profound impact on the direction of a child’s life. More than 75% of matched children will improve their school performance and more than 90% have better relations with other children. You truly will “Make a Difference for Life”!

## VI. WHAT BEING A MENTOR IS ALL ABOUT!

*“The most critical role for a mentor is to be an adult who has time for a child, who cares about that child, and who believes in that child. This relationship may provide the ONLY stability a child knows, and the only time anyone spends quality time with the mentee.”*

- Keith Geiger

### **Mentor Roles and Responsibilities:**

- ✦ Engages in a positive relationship with the child
- ✦ Gives attention to the mentee
- ✦ Has positive self-esteem
- ✦ Reacts well to stressful situations
- ✦ Listens well
- ✦ Communicates on a level the mentee can understand
- ✦ Is stable
- ✦ Provides leadership
- ✦ Respects alternative lifestyles
- ✦ Is a positive role model
- ✦ Meets on a weekly basis with the mentee
- ✦ Shows up on time for sessions
- ✦ Is willing to serve a minimum of one year in the program
- ✦ Cares about helping a needy child
- ✦ Is not a judgmental person
- ✦ Is committed, reliable and responsible
- ✦ Nurtures a relationship that respects the mentee’s dignity
- ✦ Reinforces the mentee’s successes

### **The Mentor’s Role Is Not To:**

- ✦ Replace the role of parent/guardian
- ✦ Tutor the mentee in academic subjects as means of improving grades
- ✦ Expect dramatic changes in attitude, self-esteem, or attendance quickly
- ✦ Provide solutions to all issues facing children today
- ✦ Break the trust they have established unless there is a safety concern



## **Application process for Community-Based Mentoring:**

### **Pre-Match**

#### **Volunteers:**

Initial Contact with BBBS Intake  
BBBS receives Application, References, Police Check, CWIS Check and Insurance Policy  
Home Interview  
(Couples Applications: The interview for couples is done separately. A joint interview is also completed)  
Volunteer Orientation/Training  
Caseworker completes an assessment and recommendation; file is passed to Executive Director for approval

#### **Children:**

Parent Contacts BBBS  
Program Information and Application sent to Parent  
BBBS receives Application Form  
References from Teacher, Professionals returned to BBBS  
Parent and Child Safety Training (mandatory)  
Parent and Child Interviews  
Child placed on Waitlist

### **Matching Process**

Volunteer chooses Mentee with Caseworker  
Volunteer and Parent meet at BBBS  
Initial Match Meeting with Volunteer, Child and Parent BBBS  
The Match Begins....Follow up as per National Standards

## **Application process for Site-Based Mentoring:**

### **Pre-Match**

#### **Volunteers:**

\*same process as Community-Based program **except** the interview is held at BBBS

#### **Children:**

Student identified by a teacher  
Teacher completes referral form  
Teacher sends information package and consent form home with student  
Referral form, and parent consent returned to BBBS  
Child placed on Waitlist

### **Matching Process**

Mentoring Coordinator contacts volunteer and school with potential mentoring match  
Volunteer receives orientation at the school and is introduced to student  
The Match Begins...Follow-up as per National Standards



**Big Brothers Big Sisters  
of Lethbridge & District**

**COMMUNITY AND SITE BASED  
VOLUNTEER APPLICATION**

**Date of Application:** \_\_\_\_\_

Please consider this my formal application to volunteer with BBBS in the following program:

- Big Sister     Big Brother     Couple     In-School Mentor  
 Have Fun While You Wait (Occasional Big)

Full Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Length of time at this address: \_\_\_\_\_

How long have you lived in Lethbridge? \_\_\_\_\_

Home Phone # \_\_\_\_\_ Work Phone # \_\_\_\_\_

Cellular Phone # \_\_\_\_\_ Fax # \_\_\_\_\_

Email address \_\_\_\_\_

If we are unable to contact you, whom may we contact to relay an urgent message to you?

Name: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**EMPLOYMENT**

➤ Place of employment \_\_\_\_\_

➤ Occupation \_\_\_\_\_

➤ May we contact you at work?  Yes  No

Best time to reach you: \_\_\_\_\_

➤ Length of time at present employment: \_\_\_\_\_

➤ Usual working hours \_\_\_\_\_

➤ Is shift work or travel involved in your job?  Yes  No

If yes, please detail \_\_\_\_\_

➤ Would you be available for a daytime interview? ( Yes ( No

## **EDUCATION**

➤ Education level completed:

High School     Trade     University     College     Other

➤ Are you presently a student?     Yes     No

If yes, name of institution, faculty, and year of study \_\_\_\_\_  
\_\_\_\_\_

## **FAMILY**

➤ **Marital status:**

single                       engaged                       divorced                       common-law  
 married                       widowed                       separated

➤ How long have you been in your relationship? \_\_\_\_\_

➤ Partner's Full Name: \_\_\_\_\_

➤ Do you have children?     Yes     No

➤ Names and ages of your children and where they live (city and address):

## **HOUSING**

➤ If you have been living at your current address for less than one year, please provide your previous address:

\_\_\_\_\_  
\_\_\_\_\_

➤ Does anyone in your home own firearms?     Yes     No

➤ Do you live with others?     Yes     No

➤ Are others visiting regularly?     Yes     No

➤ Do you have pets?     Yes     No

➤ Names and ages of other residents in your household:

➤ Are you anticipating any changes in your life in the next year?

(E.g. marital status, living arrangements, employment, children, etc.)     Yes     No

## **VEHICLE**

➤ Do you have access to a vehicle?     Yes     No

➤ Does your vehicle have passenger airbags?     Yes     No

➤ Do you have at least \$1 million liability insurance coverage?     Yes     No

➤ Have you ever been charged with any traffic violations (e.g. speeding)?     Yes     No

➤ Driver's License Number: \_\_\_\_\_

**GENERAL INFORMATION**

- Have you ever been charged, convicted or pardoned of a criminal offence?  Yes  No
- Have you ever been involved with child welfare?  Yes  No
- Have you ever been, or applied to be, a Big Sister, Big Brother, Big Couple, In-School Mentor, Aunt at Large or Uncle at Large in the past?  Yes  No  
If yes, how many times, when and where? \_\_\_\_\_
- Why do you want to become a volunteer in the program now?  
\_\_\_\_\_  
\_\_\_\_\_
- Does your application to volunteer have anything to do with applying for a particular job, school program, or adoption?  Yes  No
- Please list any clubs, affiliations or organizations of which you are a member?  
\_\_\_\_\_  
\_\_\_\_\_
- What are your interests, hobbies or activities?  
\_\_\_\_\_  
\_\_\_\_\_
- Have you had any changes in your mental health in the last year? (i.e. been recently hospitalized for psychiatric counseling, are currently or been in counseling, are on medication for mental health concerns or have had changes in your mental health medications within the last year)  Yes  No If yes, please explain  
\_\_\_\_\_  
\_\_\_\_\_

***The above information is accurate and true to the best of my knowledge.***

*Applicant Signature* \_\_\_\_\_

*Date* \_\_\_\_\_



## **Big Brothers Big Sisters of Lethbridge & District**

### **VOLUNTEER PERMISSION AND RELEASE FORM**

I acknowledge and accept that this application does not guarantee acceptance into the program, and that Big Brothers Big Sisters of Lethbridge and District is under no obligation to accept or assign me as a volunteer in their program, and is not obliged to provide a reason.

If I am matched, I understand and will abide by the job description and code of conduct related to my volunteer position. I agree to abide by the confidentiality guidelines of the Agency.

I hereby authorize Big Brothers Big Sisters of Lethbridge and District to contact any or all of the references listed herein for the purposes of processing my application to become a volunteer in the Agency's program. I understand that these references will be contacted in confidence.

I give permission for Big Brothers Big Sisters of Lethbridge and District to release pertinent information regarding my file to the parent of the Child in the process of match selection. Further, I agree to allow my file to be viewed by Agency Reviewers for Big Brothers Big Sisters of Canada, at the time of the agency review, should it be requested. I further grant Big Brothers Big Sisters of Lethbridge and District permission to release my name, date of birth, agency applied to, and notice of acceptance, rejection or withdrawal to Big Brothers Big Sisters of Canada and for pertinent facts related to my status to be shared within the movement. I understand this application and subsequent information in my file is the property of Big Brothers Big Sisters of Lethbridge and District. I understand that if Big Brothers Big Sisters of Lethbridge and District should cease operation, my complete file becomes the property of Big Brothers and Big Sisters of Canada.

I hereby release and forever discharge Big Brothers Big Sisters of Lethbridge and District, and their employees, directors and volunteers from any cause of action or claim for damages, whether bodily injury, death, property damage, or emotional trauma, anxiety or distress arising from my association with Big Brothers Big Sisters of Lethbridge and District.

The implications of the waiver have been explained to me. I understand and consent to them. I further agree that this waiver is made of my own free will and without duress.

\_\_\_\_\_  
Applicant's Full Name (please print)

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

**Note:** Release to share information with individuals outside of the BBBS movement will expire within one year of the above date.



**Big Brothers Big Sisters  
of Lethbridge & District**

## CONFIDENTIALITY STATEMENT

The Definition - Concerning our clients and their families:

In the course of your service with **Big Brothers Big Sisters of Lethbridge and District** you may learn intimate, personal facts about clients, their families and their problems. We ask that you not discuss these matters with people in or outside this Agency, other than a Service Delivery Staff or Executive Director of the Agency.

*The Declaration - Re: Protection of Confidential Information*

I, \_\_\_\_\_ (please print name), have been made aware of the confidential nature of information concerning clients and their families applying for the Big Brothers and Big Sisters service with the Agency. Whether or not such confidential information may be available to me in the normal performance of my service, or occasionally and inadvertently, the confidentiality will be respected.

I also understand that confidential information which shall be disclosed to me, or which may come to my knowledge, may not be divulged.

\_\_\_\_\_  
Name of Applicant (please print)

\_\_\_\_\_  
Name of Witness (please print)

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Date Signed



**Big Brothers Big Sisters  
of Lethbridge & District**

**VOLUNTEER REFERENCE LIST**

\_\_\_\_\_  
**Applicant's Full Name (please print)**

**\* We require all reference categories be completed. Please print clearly and be sure to include area and postal codes.**

**1. PRESENT EMPLOYER:**

Company Name: \_\_\_\_\_

Supervisor Name: \_\_\_\_\_ Cell #: \_\_\_\_\_

Work #: \_\_\_\_\_ Fax #: \_\_\_\_\_ Home #: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

How long, and in what capacity, have you known this person? \_\_\_\_\_

\_\_\_\_\_  
If no reference, please give reason: \_\_\_\_\_

**PLEASE PROVIDE A PREVIOUS EMPLOYER OR IF CURRENT EMPLOYER HAS KNOWN YOU LESS THAN 2 YEARS**

Company Name: \_\_\_\_\_

Supervisor Name: \_\_\_\_\_ Cell #: \_\_\_\_\_

Work #: \_\_\_\_\_ Fax #: \_\_\_\_\_ Home #: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

How long, and in what capacity, have you known this person? \_\_\_\_\_

\_\_\_\_\_  
If no reference, please give reason: \_\_\_\_\_

**2. FAMILY MEMBER (mother, father, sister or brother ONLY):**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Business Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Relationship to this person: \_\_\_\_\_

**3. CHARACTER (friend, spouse, roommate, teacher, professor)  
MUST HAVE KNOWN FOR A MINIMUM OF TWO YEARS**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell #: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Business Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Relationship to this person: \_\_\_\_\_

How long, and in what capacity, have you known this person? \_\_\_\_\_

**4. Volunteer Placement (if applicable) or 2<sup>nd</sup> character reference**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Business Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Relationship to this person: \_\_\_\_\_

How long, and in what capacity, have you known this person? \_\_\_\_\_

**5. Other Reference:**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Business Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Relationship to this person: \_\_\_\_\_

How long, and in what capacity, have you known this person? \_\_\_\_\_

**I authorize the above listed references to be contacted by Big Brothers and Big Sisters of Lethbridge and District in accordance with the release of information.**

\_\_\_\_\_  
**Signature of Applicant**

\_\_\_\_\_  
**Date**



**Big Brothers Big Sisters  
of Lethbridge & District**

**MEDIA CONSENT – MENTOR**

I, \_\_\_\_\_, hereby consent to be interviewed, photographed, named, and/or appear in video footage in conjunction with Big Brothers Big Sisters of Lethbridge & District activities or publicity.

I further understand that Big Brothers Big Sisters of Lethbridge & District is not responsible for unsolicited or spontaneous media coverage that may occur without Big Brothers Big Sisters of Lethbridge & District prior knowledge and approval.

I understand that I am under no obligation to consent to this release and that lack of acceptance will not unduly affect my involvement in Big Brothers Big Sisters of Lethbridge & District. I also understand that I can withdraw my consent to be interviewed, photographed, named and/or to appear in video footage to be used for publicity at any time by providing a signed letter to my Caseworker.

The implications of this consent have been explained to me and I understand them. I further agree this consent is made of my own free will and without duress.

This \_\_\_\_\_ day of \_\_\_\_\_, 200\_\_.

\_\_\_\_\_  
Signature of Mentor

\_\_\_\_\_  
Signature of BBBS Caseworker

**MEDIA CONSENT DECLINED**

I, \_\_\_\_\_, have declined authorizing media consent. I do not wish to be interviewed, photographed, nor appear in video footage in conjunction with Big Brothers Big Sisters of Lethbridge & District activities or publicity. I have been offered an opportunity to speak with a caseworker regarding any related concerns so that Big Brothers of Lethbridge & District is aware of my needs.

I further understand that Big Brothers Big Sisters of Lethbridge & District is not responsible for unsolicited or spontaneous media coverage that may occur without Big Brothers Big Sisters of Lethbridge & District prior knowledge and approval.

The implications of this consent have been explained to me and I understand them. I further agree this consent is made of my own free will and without duress.

This \_\_\_\_\_ day or \_\_\_\_\_, 200\_\_.

\_\_\_\_\_  
Signature of Mentor

\_\_\_\_\_  
Signature of BBBS Caseworker