

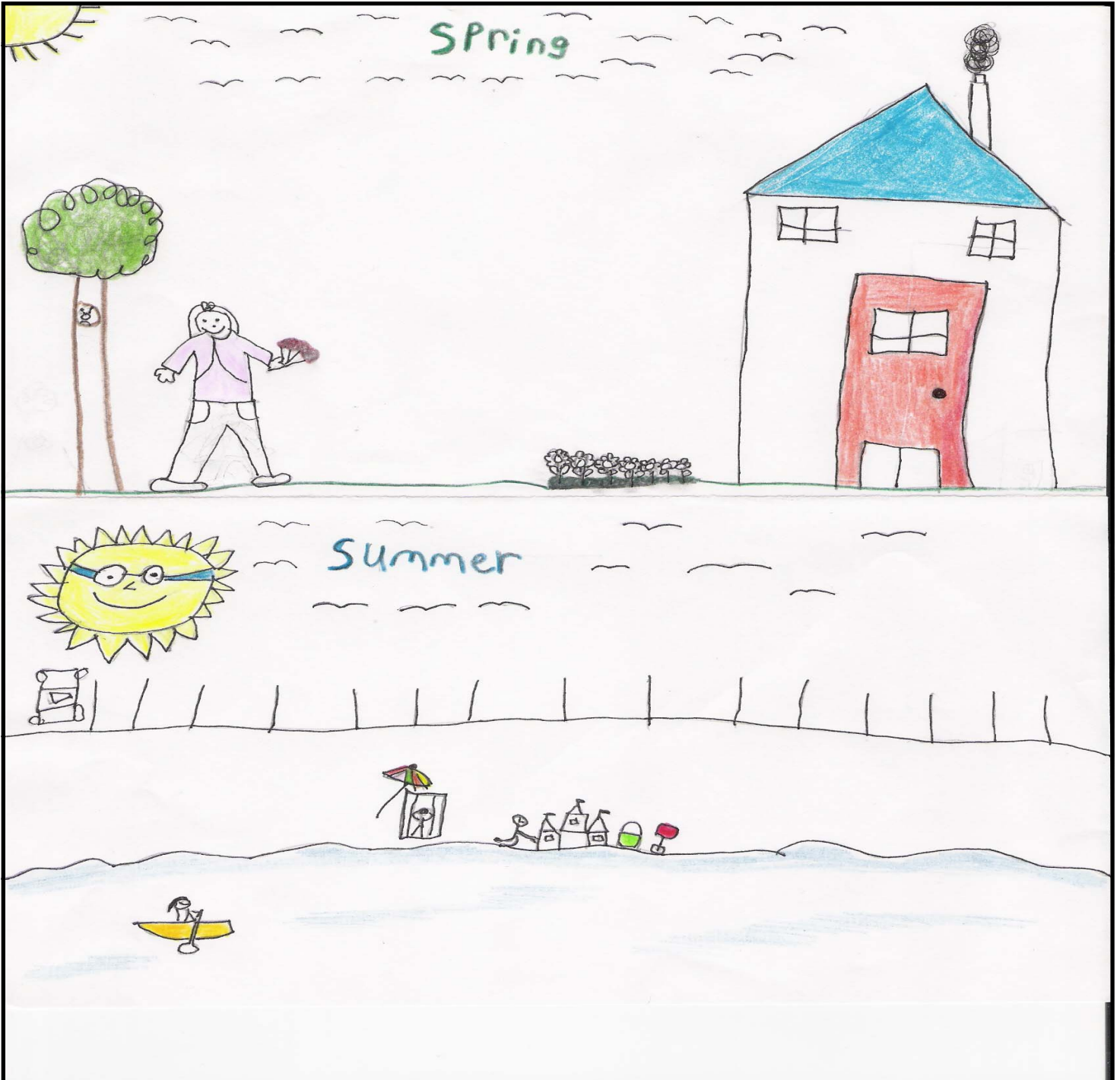
# NORTHUMBERLAND BIG SISTERS BIG BROTHERS

18 JOHN STREET  
PORT HOPE, ONTARIO  
L1A 2Z2  
(905) 885-6422 or (905) 885-8435  
Toll Free: 1-888-278-2484  
Fax: (905) 885-4699  
E-mail: [bigsisbigbro@eagle.ca](mailto:bigsisbigbro@eagle.ca)  
[www.bigbrothersbigsisters.ca/northumberland](http://www.bigbrothersbigsisters.ca/northumberland)



Spring & Summer 2008

## THE MATCHMAKER



BY LITTLE SISTER - JAMIE



### DYNAMIC DUO



LB Pearson got invited back for his second year at Tim Horton's camp.

His older brother, Spencer will be going for his 5th year of training in the Tim Horton's Leadership program. He then can be a camp counselor & will be eligible for scholarships.

What great campers those brothers must be!



### THE SOUND OF MUSIC



Little Sisters Jamie, Brooke & Toddalyn had a great time trying something new when they were instructed on how to ring the bells at our Trinity College School girls group!

I think the TCS mentors had just as much fun as the LS did ringing the bells...maybe even more.



### MAKING THE BEST OF WINTER

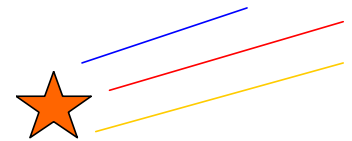
Little Brother Austin went ice fishing for the very first time with his Big Brother Adrian. Although they had no luck catching the BIG one they had a great time together.



### GOLD STAR

Little Brother Vincent deserves a gold star for being so friendly and making new Little Brother Steven feel very welcome when he came to the Trinity College School Little Bear program for the first time.

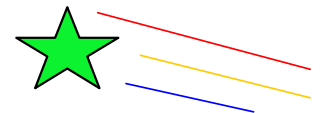
Wow Vincent what a welcoming handshake!



### MARCHING ORDERS

Little Sister Jessica joined the Sea Cadets and is having a boat load of fun.

We miss her at the TCS girls group on Thursdays but we understand that duty calls.



### STRIKING IT BIG FOR BOWL FOR KIDS SAKE

We really appreciate all the support shown.

#### **A GREAT BIG THANKS TO:**

**LS** - Jamie, Toddalyn & Tiffany    **BS** - Judy & Vanessa  
**LB** - Justin, Trevor & Jordan    **BB** - Martin & Chuck

**MATCHES** - Henry and two of his former Little Brothers Dwight & Justin, Adrian & Austin, Kat & Katrina, Patricia & Ashley, Steve & Connor, Wanda & Jessica



### BROTHERS OF BROADCASTING

Little Brother Curtis and his Big Brother Chuck came through for us on short notice. They had a great time recording a radio ad for our agency promoting our Bowl for Kids Sake event held in February.

The two of them certainly brightened up the airways!!

Thanks Guys!





# HAPPY ANNIVERSARY



Riley & Rob 1yr  
 Brianna & Karli 1yr  
 Cory & Scott 1yr  
 Stephanie & Kim 1yr  
 Dayna & Marilyn 1yr  
 Justin & Dwight 1yr  
 Jayden & Jason 1yr

Kody & Matt 3yrs  
 Tiffany & Cassandra 3yrs  
 Ashley & Patricia 3yrs  
 Monique & Erin 3yrs  
 Amanda & Audrey 3yr

Sarah & Kathy 9yrs  
 Azaria & Nicole 9yrs  
 Ethan & Brian 9yrs

Heather & Cathy 11yrs  
 Stephanie & Carol 11yrs

Tasha & Bridget 4yrs  
 David & Sean 4yrs

Josh & Henry 13yrs

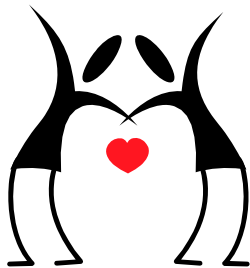
Connor & Steve 2yrs  
 Keiana & Jeanette 2yrs  
 Taylor & Louise 2yrs  
 Kelsey & Julie 2yrs  
 Jessica & Lisa 3yrs

Sarah & Lynda 5yrs  
 Kelsey & Melissa 5yrs  
 Barry & Pearson 5yrs  
 Jacob & Andrew 5yrs

Ashley & Heather 14yrs

Christina & Trish 15yrs

Kassy & Brenda 6yrs  
 Sara & Celia 6yrs



## NEW MATCHES

Hailey & Stephanie  
 Brenda & Toddalyn  
 Michel & Jeff  
 Jessica & Wanda

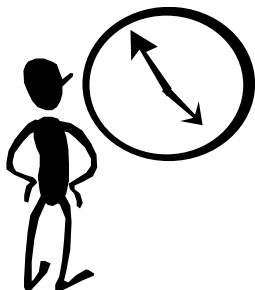
## ATTENTION:

### ALL BIG SISTERS & BIG BROTHERS

In order for our agency to meet the National Standards set by Big Brothers Big Sisters of Canada we are required to have all Big Sisters and Big Brothers who have been matched for more than a year to fill out an attestation form annually.

**Please fill out the enclosed/ attached attestation form and mail it back to us.**

Thanks!



## WAITING LIST

Vincent	7	James	11
Jordan	7	Justin	11
Steven	7	Tabitha	12
Dawson	9	Faith	12
Nick	9	Dustin	12
Jonathon	9	Keira	12
Maverick	10	Justin	12
Riley	10	Tamara	13
Isaac	10	JJ	13
Allison	10	Brandon	14
Karel	10	Matthew	15
Brooke	10	Austin	16
Jamie	11		



## WHISPERS.... GIGGLES.....GOSSIP!

Bowling, bowling ...wasn't that a blast?? So many people having fun, so many pins knocked down. But, I don't think anyone had more fun than Barb's team of "Littles". Trevor won by a country mile—he's an actual bowler who knows what he is doing; Toddalyn was concerned about her score until she knocked all those suckers down; Jordan took his time and then perfected his style of bowling and Jamie, she just rolled that ball and jumped for joy up and down the lane. And, Barb....well, she raised a whopping **\$860** for her team. Thanks to everyone who came out and thanks to all of you who supported our team.



You know who else we saw at the bowling alley? Elizabeth, mom of LS Tamara & Tabitha, and soon to be BB & BS Brian and Robin. What a great way to show your support and enthusiasm.

**BUT** if you're getting tired of reading about bowling, let's talk winter! We had so much snow that the TCS Little Bears and their mentors were able to go tobogganing lots & lots of times but the hot chocolate & cookies afterward were the best.

BB Jeff Bray, manager of the Great Farini restaurant, invited Bigs & Littles to join in at their Family & Friends open skate event. We love fun events...especially for free!!

From the icy slopes of TCS to the arena in Port Hope... LB Curtis & BB Chuck got to drop the puck at the final Predators game. Those two must have had the golden touch to help the Predators win 5—0.



It seems that not everyone loved the winter so much this year as BB Rob and his wife flew the coop to Hawaii leaving LB Riley behind to shovel all that snow.

Barb's grandkids and their parents don't love winter so much so they moved to the other side of the world, to New Zealand. Now she's just going to have to save her pennies and dollars and go for a visit but not in the summer because that's their winter and really, who needs 2 winters in a row??

Here's a story with a happy ending: our friend and long time supporter Tony Pulla of Remax Realty empties his pockets every night after work. He throws all his change into a piggy bank and at the end of the year donates it to a charity. This year he chose us and you'll never guess but... he was able to give us \$2,690.50. Now there is a guy who knows how to save!!



Congratulations to BS Vanessa & her husband Sean for winning the Chamber of Commerce Excellence in Retail Business of the Year award. Their business, Cobourg Audio Video has been a very loyal supporter of Big Sisters Big Brothers. Way to go!!

Speaking of excellence, LS Monique shone in the musical production of Alice in Wonderland, singing her heart out at Victoria Hall.

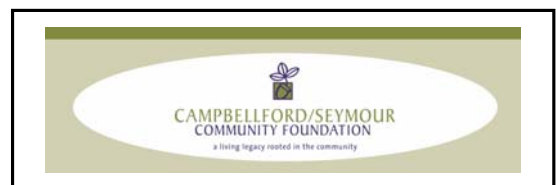
### Help a lot when You Help a "Little"

Be a part of DSA's **Loonies for Littles** campaign. From April 15 to May 31, Stampin' Up will donate \$2 to BBSC In School Mentoring program when you buy the **Loonies for Littles** Stampin' Kit. The kit includes everything you need to make a great memory together. It's a fun way to spend a rainy afternoon together and you will have a beautiful album which can hold all your memories for years to come. As well, you are supporting a great program. For a local contact you can e-mail Anne-Marie at **ambouth@cogeco.ca** or you can go directly to the Stampin' Up site at: **<http://www.stampinup.com>** for general information. My kit is already on order!

When we asked BS Katie ...hey, what's new? Here's what she told us... "I have moved several times... I changed jobs... and oh yeah, I got married" and all in 1 year!

### STOP the PRESS

Fantastic news... Northumberland Big Sisters Big Brothers received a grant from the Campbellford/Seymour Community Foundation towards developing a Little Brother program in that area. Our plan is to have a staff and an office in Campbellford at least one day per week. Currently, we have 6 LB waiting for a mentor of their own. We're hoping that once we become more visible in that community volunteers will want to find out more about our terrific service to youth.





# PORT HOPE STORE



December 2007 was a very sad month for all of us at Second Helpings and the Staff and Board. We lost three of our valued volunteers, Vera Freeman, Edith Sheehan and Cindy Chatterson. Their happy faces and quick wit are missed by us all. It was especially poignant at our Christmas lunch, as we were all a little subdued.

My eldest son and family arrived for Christmas from Taiwan, it was great to see them.

Denise visited with her family in Montreal over Christmas.

Once again thanks to Susan Dewhurst's "My Big Sisters Closet Sale" which was a great success raising over \$3,600. We are so fortunate to have many faithful volunteers who help each year at this sale as well as shop...shop...shop!

Kathy is lucky enough to be enjoying the sun in Florida, my husband and I have just returned and hated leaving the warm weather and sun.



We have enjoyed having a class from Port Hope High School help us set up a new "Teen Section" in our store. You should drop by and have a look!

The students did a great job in their selection of clothing for this section as well as creating a fun display.

They were also very creative when they made a display for our store window with a young, fresh look.

Thanks again to all our valued volunteers for their dedicated time in the store.

*Ethel*, Store Manager



# COLBORNE STORE



It has been a long winter with lots and lots and lots of shovelling! The first day of Spring. Isn't that wonderful? All of us at Second Helpings are looking forward to warm days, singing birds and **BIGGER SALES!!!**



We have a very dedicated group of volunteers in Colborne. There were no snow days at the store as they all trudged in through the bad weather. "The Sales Must Go Through."

This year everyone stayed North except for me. I had a fabulous time in LAS VEGAS. My son Adam married his long time love Rhyanon in January. Nineteen of us went for a week and it was so much fun, and I only lost \$8.00 (I only gambled \$20.00- I'm such a chicken).

Barbara had a great time in England with her daughter. Rosemarie's husband had successful surgery, and Shauna sold her motor home!!!!

We would like to give a special thanks to Mr. Ron Windemere (Church Studio) who donated many wonderful garden and decorating items upon closing his business. This very large gift helped us through the long winter. Also thank you to Lynn D who helped transport all the items to the store ( multiple trips and much labour), and to Lin M. who cleaned and dusted while I priced hundreds of items. Thanks and a big hug to all who helped.

Don't forget Apple Blossom Festival in Colborne the last weekend in May. It's lots of fun. Support our small town, small businesses & especially **"SECOND HELPINGS"** raising funds to help support the youth in our community!

*Janet*, Store Manager



## BOARD BUZZ

Welcome from your Board of Directors. We hope everyone has had a safe and happy winter. Although the weather appears to be lagging behind a bit, Spring has arrived. If I hadn't seen my first *ROBIN* last week, I may have still had some doubts.

It was with regret that we accepted the resignation of our Board Member, Sylvia Poulain in October.

We want to thank everyone for a very successful year last year and look forward to a fabulous 2008.

We started the year off with My Big Sisters' Closet Sale and wish to express our thanks to Susan and all her volunteers for another successful event. Bowl for Kids Sake is an ongoing fundraiser which started off in February and will be wrapping up with numerous schools bowling in April. We thank all individuals who bowled in Brighton, Campbellford and Cobourg for making this event such a success. **THANK YOU to *everyone*** for the continued support of our biggest fundraiser.

Once again, we are looking forward to seeing more spectacular gardens during the Garden Tour in June. Any golfers out there? We will be holding a golf tournament again this year, so get those clubs ready. Let's not forget the Motorcycle Scavenger Hunt and the UGLY server fundraisers which will be coming up later in the year. For details about these and other upcoming events, please check out our website. We look forward to seeing everyone at our fundraising events which raise dollars for programs and services that support our Little Brothers and Little Sisters.

The Board and Staff are currently preparing for our Annual General Meeting in April. We should also note that Big Brothers Big Sisters of Canada will be conducting an accreditation review of our Agency this year. Although not scheduled until October; the Board has already been discussing the accreditation process. As part of this process, some parents/caregivers, Littles, Bigs and community groups will be contacted to give their view of how we are doing as an agency.

Are you or someone you know interested in volunteering? Become a MENTOR, join a Committee or the Board, help with a fundraiser or volunteer at one of our Thrift stores. Spend a *little* time with us and benefit **BIG**.

Don't forget, our AGM will be at 7:00 pm on Monday, April 21<sup>st</sup> at Trinity United Church in Cobourg. We hope to see you there.

*Helping a LITTLE (BROTHER or SISTER) helps a lot!*

*Christine Domasik, President*



Be a Part of Something **BIG** and register today

[www.bbbsalumni.ca](http://www.bbbsalumni.ca)

**Please, follow this link, check it out and register.**

In our last newsletter we urged you to join the National Alumni and **33** of us did. Thank you! One of the exciting things that happened is that 2 of our former Little Sisters registered giving us the opportunity to get in touch with them after many years. This is part of the excitement of this program. So we are again inviting you to join today and enjoy a new way to help Canadian children. Learn about new and different mentoring programs, reconnect with former friends, hear about upcoming events and read stories that remind us of the impact mentoring can make in the healthy development of children.

BBBS Alumni values tremendously the life changing impact that a positive, caring adult mentor can bring to a child. We know that children who experience the influence of a positive relationship with an adult mentor are more likely to attend school, to graduate from high school and are less likely to use drugs and alcohol.

We currently have about 350 volunteers, hundreds of parents and Littles in our local organization—how great would it be if everyone (over 18) joined our national alumni.

**Call us if you need more information at 905 885-6422 or toll free at 1888 278-2484**

# Thank you ... Thank you ... Thank you ... Thank you...

We're singing praises ... to The Oasis and Don & Carol Owen, as well as our amazing volunteers and loyal supporters that came to **ROCK OUT** and supported our agency at the Boogie Night.

**A Very Tasty Thank** ... to everyone who volunteered at our Harvest Stew. From the cooks, to the judges, to the prize donors, to those who joined us for lunch—thank you! We raised \$1,200 for Northumberland United Way's 2008 campaign!

**Thanks so much** ... to all 92 "Wrap Artists" who volunteered their time during the Christmas season and came out to wrap hundreds of gifts. A huge thanks to B&D Liquidation for donating some beautiful wrapping paper, The Buttermilk Café for the gorgeous ribbon and to the Northumberland Mall for providing the perfect space once again!

**A Very Flexible and Relaxed thanks** ..... To the 3 Yoga teachers who so generously gave of their time for our Yogathon. Thanks to CDCI West for donating the space and to everyone that came out and contorted themselves in support of Northumberland Big Sisters Big Brothers...Namaste!

**A Bubbling Thanks** to Marielle of Bubbles & Gems for hosting a soap making workshop for our Little Sisters which was a great gift that they could give to their Big Sister for Christmas.

**MANY THANKS...** to all of the families, friends and workplaces who generously donated Christmas hampers to families in our program. You made the season so much brighter by making a traditional Christmas possible for these families. A BIG thank you goes out to OPG, once again, for their incredible generosity.

**BIG Thanks** ... to all of the volunteers, the Bigs and the Littles that came out and celebrated the Holiday Season with us at our annual Christmas Party! Thank you for bringing tasty treats and dishes to the potluck and for sharing in the Christmas spirit!

**THANK YOU AGAIN ... AND AGAIN...** to Susan Dewhurst and her volunteers for holding "My Big Sister's Closet Sale" in January, with an encore in February! We also want to recognize the donors as well as the shoppers for their contributions.

*Thank you for striking it BIG* ... to everyone who bowled, pledged, sponsored and volunteered for our Bowl For Kids Sake campaign. Special thanks to all of the schools that organized field trips, to our loyal team captains for recruiting more teams and to the individual bowlers for supporting our agency. A big thanks to the t-shirt and lane sponsors, as well as the prize donors and to Northshore Lanes, Presqu'ile Lanes and Trent Valley Lanes. A very **BIG** thanks to our **Title Sponsor Eagle.ca** — your support is greatly appreciated! Lastly, thank you to newcomers, Ridgeview Cottages, for donating the grand prize!

**A STANDING OVATION...** to B&D Liquidation & Mexico Plus Furniture & Accessories for being one of our t-shirt sponsors for Bowl For Kids Sake, providing us with supplies for Gift Wrap and selling Nevada tickets on our behalf. We are so thankful for your support and generosity!

**An ongoing thanks to** ... Karen, Josh, Tony & all the terrific students at Trinity College School for their continued support & coordination of our Little Bear programs. Our kids always look forward to Thursday afternoons.

**A HUGE thanks** ... to our ever supportive local media. Thank you Star 93.3 & 107.9 The Breeze for your continued support of our agency and helping us spread our mission and events through the airways. Thank you Northumberland News, Northumberland Publishers, The Community Press, The Independent and SNAP, for your ongoing coverage, great pics and interest.

**Many Thanks...** to the staff at A Plus Convenience (specifically Natasha) for selling Nevada tickets for us. Your support means so much.

**A last but never least thanks** ... to all our fabulous & dedicated Bingo volunteers.

**Thanks a Million! Dankeschon! Gracias! Merci!**

## Famous Canadian

He can sing, play an instrument and produce!

**Deryck Whibley** is a man of many talents. The lead singer and songwriter for the band Sum 41, is able to play the guitar, drums, and the piano/keyboard. Not giving up on his dream yet, Deryck has also become one of the founders and directors of Bunk Rock Productions.

Deryck Jayson Whibley, also known as Bizzy D was born March 21<sup>st</sup> 1980 in Scarborough, Ontario. Growing up, Deryck lived with his mother after the divorce of his parents. At age 12, Deryck started his first band, covering songs of the Beastie Boys. At 14, he met his future musical mentor Greig Nori, who taught him to play the guitar. Influenced by artists such as Elvis Costello, the Beatles and other bands, Deryck's actual career as a musician started because of his favorite band at 14, Nirvana

Deryck Whibley's career as a music artist began in 1996 when he met Sum 41's drummer Steve Jocz during a Hole concert. Sum 41 signed their first record deal with Island Records in 1998 and has released 4 studio albums, 2 live cd's, over 10 singles, and sold millions of copies. Deryck writes almost all the lyrics and most of the music for the band. He produced Sum 41's first record and is producing their next album due out in 2007.



This past year, Deryck Whibley married Avril Lavigne, and are not yet ready to have children but say that they will some time down the road. Currently Deryck is working as the producer of the EP album, a project of band mate Jason McCaslim, and Sum 41's next album. He is also involved in Avril Lavigne's next album, where he is producing, playing guitar, and backing vocals.

## DIFFERENT WAYS TO BE A MENTOR

### **In School Mentoring – ISM...**

Allows people to be matched for one hour a week throughout the school year. It works well for people who are able to volunteer over their lunch break once a week to spend time with a child near their workplace. Many of our mentors and co op students enjoy physical activities with their mentees, as well as board games, baking, crafting and generally hanging out with each other.

We are excited to have Caroline with us this semester from Port Hope High School and she will be matched with seven young students at St. Mary's Separate School in Port Hope. New mentor Kathleen will be starting at Grant Sine Public School in Cobourg this April.

On going mentors Mary Jane, Laurel, Stephanie & Colleen all enjoy spending their lunch break with their mentees!!

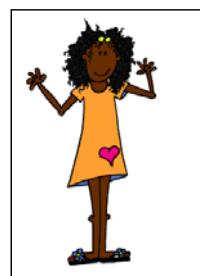
**For more information about ISM contact Malynda at [malyndabsbb@eagle.ca](mailto:malyndabsbb@eagle.ca) or give her a call at our office.**

### **Go Girls! Healthy Bodies, Healthy Minds...**

is a school based program which uses a mentoring approach to provide girls ages 12-14 with the information and support they need to make informed choices about healthy, active living during challenging stages of their development.

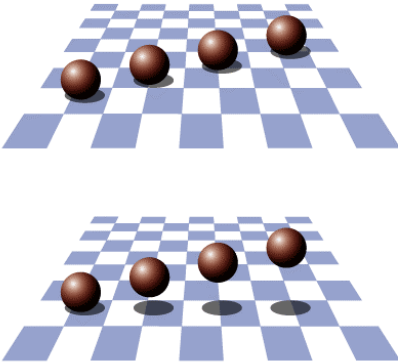
Mentors are young women, who are passionate about healthy active living and are specially selected and trained to deliver the 7 session program to girls chosen by a teacher and are girls who will benefit the most from a small group environment and the opportunity to discuss the topics that are important to them.

For more information about Go Girls contact Sandra, Go Girls! Coordinator at [sandrabsbb@eagle.ca](mailto:sandrabsbb@eagle.ca) or give her a call at our office.



# BRAIN TWISTERS

## WHAT TO DO



Check out the position of the balls against the checkered pattern in both illustrations. In the top image, the balls appear to be resting on the pattern. In the bottom image three of the balls appear to be floating.

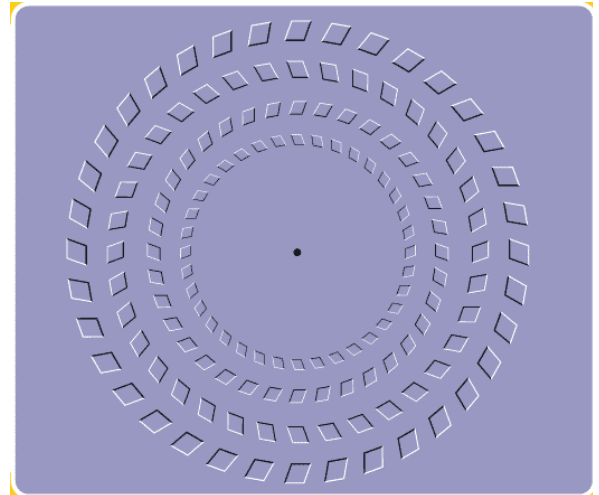
But look again!

Both sets of balls are in the same position only the placement of the shadows is different

## WHAT TO DO

Stare at the black dot in the center of this image. Slowly move your head toward the image and then away from it. The circles should appear to rotate.

This happens because the pattern confuses certain cells in your brain that are responsible for interpreting lines and curves. The result is an illusion that the circles are moving.



## HOW TO SOLVE A

### SUDOKU PUZZLE

	5		7					8
		3		5	4		7	
2		9	3			5		4
		5	1		2	4		
3	4							7
		1	4	3		9		5
		2					5	6
	3		6		5	8		2
5	9			2	3			

1. Fill in the grid so that the numbers 1 through 9 appear in each row.
2. Fill in the grid so that the numbers 1 through 9 appear in each column.
3. Fill in the grid so that the numbers 1 through 9 appear in each 3x3 box.
4. A complete Sudoku puzzle contains the numbers 1 through 9 in every row, column and 3x3 box (no repeating any numbers).

# CALENDAR OF EVENTS

**April 21 - 7 p.m.**

**AGM** - We hope you are able to join us at Trinity United Church in Cobourg, starting at 7:00pm.

**\*May 31**

**Colborne Apple Blossom Festival**— are you a crafter? Do you have a gift to share with us? Please consider giving something to our Craft Raffle event. Give us a call.

**\*May 2008**

**Wine Tasting and Food Pairing**—Join us at Oak Heights Estate Winery in Warkworth for our first Wine and Cheese event. (You must be 19+ to attend)

**\*Sunday June 22**  
**10 am - 4 pm**



**Heart of Northumberland Garden Tour**—This year's tour will feature 9 gardens North of Cobourg between Hwy 28 & Hwy 45. Passports are \$20 & will be available after May 1<sup>st</sup> at several local garden centres as well as the Northumberland Big Sisters Big Brothers Second Helpings stores. Lunch will be available on the tour and don't forget to visit the "For the Birds" boutique! Rain or Shine.

**Saturday July 26**



**Fishing With the Pros** - Bigs & Littles are invited to slap on some sunscreen & join us for a day on the water. For the 3rd year, Big Brother Joe has organized an exciting day full of fishing, BBQs & contests for all of our matches! We will be returning to Bridgenorth this year - we will take a bus (\$5.00 per person if possible to help recover some of the cost of the bus) **Boats & seats are limited**, so please contact your caseworker by July 7 if you are interested.

**\*Sunday June 15**

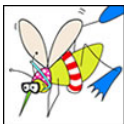
**Scavenger Hunt**- Big Brother Henry is all *revved* up to host the 3<sup>rd</sup> Annual Motor Cycle Event. So jump on those motorcycles, cruise around Northumberland County in search of hidden treasures, win great prizes & support our agency.

**\*June 2008**



**Golf For Kids Sake** -This year's event is promising to be bigger than ever! Casey's Bar & Grill, Investors Group and Cobourg Audio Video Unlimited have teamed up to deliver a golf tournament that you won't want to miss! All proceeds from the tournament go towards our summer youth programs. Let us know if you have a team teed up for that day.

**August 9 & 10 (Girls)**  
**August 16 & 17 (Boys)**



**Campout Presqu'ile Park** - roll up your sleeping bag, pack your bug spray & sunscreen. We know the guys that came last year had a great time...so LB & BB be sure to give us a call you don't want to miss out. LS & BS this is of course going to be another great weekend so mark the date on your calendar & give us a call. The more the merrier... so hope to see you there!

**\*August 2008**



**U.G.L.Y. Server Contest** - Dynamic servers from restaurants & pubs throughout the county compete for the title most, "Understanding, Generous, Lovable You" & best of all raise money for our ongoing youth programs through exciting & innovative events. Come out & get U.G.L.Y.!

**\*These are fundraising events.**

For more information on any programs or fundraisers, please call our office at 905-885-6422.



United Way Member Agency

If you would prefer to receive your newsletter via email or have recently changed emails, please email alexisbsbb@eagle.ca to make sure that we have your updated information.

